

Public Issues Report 1st Quarter 2007

Public File 2007 – 1st Quarter

News at

6:01am	7:01	8:01
6:15	7:15	8:15
6:31	7:31	8:31
6:45	7:45	8:45

January 2

- Children Obesity
- Saddam Hung

January 3

- Children feeling homesick is normal
- Number of people needing kidneys increases each year

January 4

- Going to school can extend your life
- Gyms are "crawling with bacteria"

January 5

- False Advertising on Diet Pills
- Infant Car Seats failed testing

January 8

- Shoes with a built in locator chip
- Losing weight will help you save money

January 9

- Using birth control can cause your children to have allergies
- The cost of Government Medical Programs could go down because of the increase in health care spending

January 10

- Stomach viruses have increased 2-3 times in the past months
- Quick decisions can be more accurate about planning things out

January 11

- Dehydration and over thinking can cause exhaustion
- Dancing can increase health

January 12

- Drinking coffee before working out relives pain
- Eating red pepper at breakfast can help suppress your appetite

January 15

Do not give children under the age of 2 cough syrup
200 million guns are privately owned in the United States

January 16

A gene has been identified that increases the risk of developing Alzheimer's Disease
Doctor's sloppy prescriptions kills and hurts millions a year

January 17

Eating eggs and toast for breakfast helps cut down on calories

January 18

The amount of nicotine in cigarettes has increased
Allowing kids to play video games could lead to better careers

January 19

Visiting museums and art exhibits can help you become a happier person
Taking more than 100 MG of Viagra may risk your ability to smell

January 22

Breakouts of the Measles have dropped by 60%
Playing video games can satisfy ones deep psychological needs and well being

January 23

Extracurricular activities benefits kids well being
The US State Department requires travelers outside of the US to carry a Passport

January 24

Blood donated from women can cause lung risk
Caffeine boosts hair growth

January 25

Spanking becomes illegal in California

January 29

Playing games can help develop your visual skill and decision making process
Giving up soda can help you fight cold and flu germs

January 30

Soup can help you lose weight

January 31

The order of your birth can help you pinpoint your stress triggers

February 1

Regular exercise helps improve the health of your heart
How you dress at work can influence your chance at a promotion

February 2

Water workouts can help strengthen your bones
Older adults process bad news better than younger people

February 5

Hair dye can cause allergic reactions

February 6

Grumpy workers are the best at creative-problem solving
Getting children to turn off the tv doesn't mean that they'll exercise more

February 7

Smoking can increase the risk of blindness
People who are lonely are two times as likely to develop dementia

February 8

Playing video games a couple of hours a day can help increase your eye sight
Children who do not get 10-11 hours of sleep are more likely to be overweight

February 9

There is a higher risk of birth defects in children conceived through invitro.

February 12

Even the smallest amount of alcohol consumed by a pregnant women can affect an unborn child
Over bleaching your teeth can lead to root canals and tissue damage

February 13

Smoking is the leading cause of lung cancer, but many women are being diagnosed from second hand smoke
Napping during the day can cut your chances of dying from a heart attack

February 14

Breast milk is the best source of nutrition for infants

February 15

The US ranked 20th out of 21 for the best industrialized countries for children

February 16

When protected by the nasal spray vaccine rather than shots, children 6 months to 5 years had 55% fewer cases of the flu

February 19

Love prevents heart attacks and strokes
Doctors suggest that children should not participate in year round athletics. That they need a break

February 20

Bad posture can cause neck aches, joint degeneration and osteo-arthritis
Many household items such as air filters and pillows, have expiration dates

February 21

Worrying about how well you will do on a math test can actually cause a lower test score

February 22

When a teen rides shotgun with another teen, they are 2 times more likely to die in a fatal crash than when the driver is alone

February 23

Sleep strengthens the memory and helps the brain extract themes and rules from information that we soak up during the day

February 26

Negative memories impact our psyches more than happy ones

February 27

Eating garlic will not lower your cholesterol

The center for public interest is pushing for governments to make restaurants list their nutritional data on their menus

February 28

Researchers are creating an artificial tooth that will release medicine into the patients mouth

March 1

HPV, which can lead to cervical cancer, infects more than 1/3 of women in the US

Plastic baby bottles can contain a chemical called Bisphenol-A which can cause developmental and reproductive problems

March 2

Studies show that children gain more weight over the summer than while in school

Taking decongestants, using your fan, and dressing in layers on a plane can help protect you from on board germs

March 5

Orange colored tomatoes are better for you than the red ones because they have a higher absorption rate of cancer-fighting antioxidant "Lycopene"

March 6

Nurturing a plant, smiling at strangers and cutting your TV viewing by half are three strategies that can help you be a happier person

Eating iron-rich protein, Vitamin C, Vitamin B and Zinc will give you stronger hair and less hair loss

March 7

To cut down on work stress, speak up, leave work at work, open your window, and surround yourself with tranquil colors such as green and blue.

March 8

Dairy Cartel is taking their cows off of a synthetic growth hormone that increases how much milk a cow produces

March 9

Sitting in the front of the plane, writing when you're scared, and choosing a window seat can help you overcome your fears of flying

March 12

Smelling something familiar can help you remember previous memories

Eating chocolate can help you have a slimmer waist, be less likely to have diabetes and better educated than those who eat other candy

March 13

Workers who spend lots of time at their desk are more prone to get blood clots

FDA issued new guidelines for the fresh-produce industry to help cut down on food-borne illnesses

March 14

Moderate exercising helps cut down on nicotine dependence

Working out will help increase your memory

March 15

Women outlive men by an average of 5 years

March 16

Being sleep deprived can impair your ability to choose between right and wrong

According to a poll, 70% of Americans are satisfied with their lives

March 19

Diets that are high in fruits and vegetables will help decrease the risk of heart disease, cancer, diabetes and help with weight control.

March 20

Tough men actually have a faster recovery rate

March 21

Moms spend more time taking care of their children than they did 40 years ago

March 22

Our eyes' visual span only allows us to read 300 words per minute

March 23

Root beer is the safest soda for your teeth

Children learn to read the best by using traditional phonics skills, rather than child-centered learning programs

March 26

Being in a loving relationship makes it easier to cope with the stresses from your workplace

Children who spend time in child care develop a better vocabulary than those who don't
A Yale study shows that teen smokers have trouble paying attention and children whose mother smoked while pregnant have the hardest time

March 27

American Heart Association says that the use of cholesterol lowering drugs can and should be considered for treating children who have high cholesterol

March 28

It is recommended for women to get both mammograms and MRI regularly to test for breast cancer

March 29

You are more likely to become obese if you feel strained at work
40% of the ads aimed towards children are for candy, snacks and fast food

March 30

Meat houses around the country have reported that they have not been inspected daily like they are required to be

Children are more likely to have behavioral problems if their mother had different live in partners

April 2

About half of people with chronic health conditions take their medication as directed
Researchers tell mothers that while pregnant don't eat for two, because the amount of weight you gain will affect how big your baby is while born

April 3

Research shows that teens whose first romantic relationship lacked emotional intimacies are at higher risk for depression and substance abuse as they age
Exposure to dirt can lift up your mood and help boost your immune system